

START TIMES & ZONES



START TIMES

The 6km / 12km events begin at 10am. All participants are required to line up at 9.30am in the start zone (indicated by the coloured flags) which matches the coloured sticker on your race number.

Note: All participants with a stroller will be required to start in the pink zone (irrelevant of estimated finish time).

Elite runners and runners will be required to enter their start zone from Victoria Street via Garden Place. All other 6km / 12km participants will be required to enter their start zone from Collingwood Street via Alexandra Street.



START ZONES	EXPECTED FINISH TIMES	
	6KM	HAMILTON CITY COUNCIL 12KM
COMPETITIVE RUNNERS	Less than 30mins	Less than 1hr
RUNNERS	30mins - 35mins	1hr - 1hr 10mins
JOGGERS	35mins - 45mins	1hr 10mins - 1hr 30mins
POWER WALKERS	45mins - 55mins	1hr 30mins - 1hr 45mins
WALKERS	55mins - 1hr 5mins	1hr 45mins - 2hrs 30mins
STROLLERS / PRAMS	Longer than 1hr	Longer than 2hrs 30mins

grassroots KIDS CHALLENGE

START ZONES	LINE UP	START TIME
AGE 7 (1KM)	8:00am	8:25am
AGE 8 (2KM)	8:10am	8:35am
AGES 9 - 10 (2KM)	8:30am	8:50am
AGES 11 - 13 (2KM)	8:50am	9:10am

WHERE TO START

